



# SPINACH REGIMENT

*Spinacia Oleracea*

8-12" Spacing • 6-8" Height  
Annual • Full sun • Zone 8-11

- Thick juicy green leaves that are very tasty
- Great addition to your salad mixes
- Slow to bolt, and easy to harvest
- Matures in 37 days
- Best used for salads, pasta, dishes, baked dishes

